

David Maloney's "Using Strategy Games to Explore Analytical Thinking & Problem-Solving"

The answer: the game used was "Territory War" which can be found on page 47 of Leonardo's Mirror and Other Puzzles (2004) Ivan Moscovich, Sterling Pub Co.

The missing rule: The missing rule, from the set the participants developed, is that all legitimate rectangles have to enclose a "free" dot, i.e., a dot which is not already part of a previous rectangle.